

Workshop in English, French and German translation possible

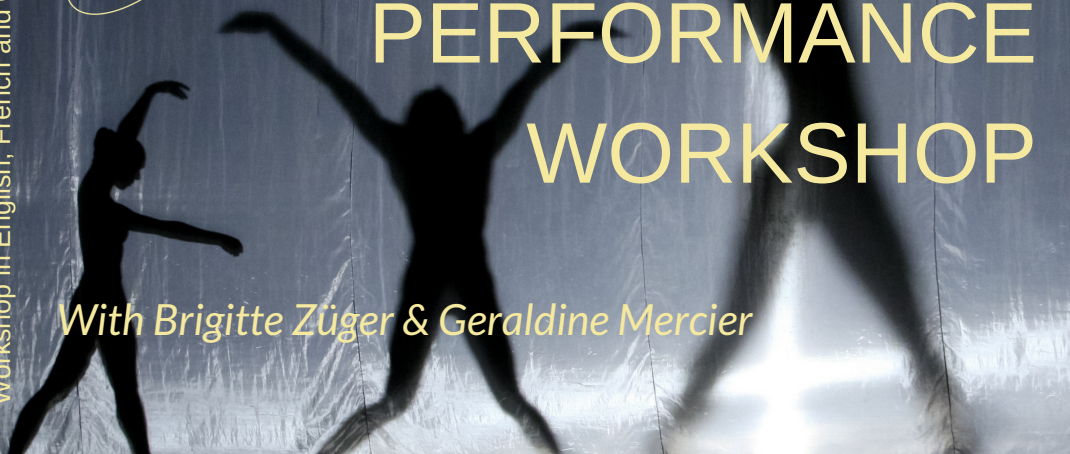
Saturday/Sunday November 23rd/24th 2019

Performance: November 24th, 6pm

zoe tanz
projects

DANCE-BOX PERFORMANCE WORKSHOP

With Brigitte Züger & Geraldine Mercier



Dance-Box Performance Workshop - a experimental dance project to research movement interaction with a final performance

This workshop invites people who love dance and the experiment with movement. They are eager to settle into the presence of their bodies and enjoy the playfulness the spontaneity and the unforeseen of what their bodies in motion unfold.

After a warm up to dive into the nature of our bodies. We play with time, space and qualities of your power. With that we meet what our body likes, it is the best way to become joy- and playful.

In this workshops we discover how our bodies react from impulses from the environment and how we modulate this reaction into our movement expression. In this process we face uncountable possibilities what gives us excitement and inspiration.

In this playful process participants will not only come close to their authenticity but glide into a moving dialogue with others. This leads to the peak of taking and giving, sharing and receiving what brings out the new and the unforeseen.

The workshop will end with a free mini-performance to which you can invite friends and family.

- Place:** zoEspaces, Elsässerstrasse 34. 4056 Basel
- Dates/Time:** Saturday/Sunday November 23rd/24th 2019, each day 2:00 to 6:00 pm
Final Performance November 24th 2019, 6.00 pm
- Costs:** CHF 240.- Stud/AHV 10% discount
Performance: By donation
- Registration :** sekretariat@zoe-tanz.ch or via www.zoe-tanz.ch -> projects oder -> Kurse