

# LBMS SERIES

(Laban Bartenieff Movement Studies)

*27. - 29. September 2019*

Analyses of components/categories  
in LBMS, observation and  
interpretation, interventions through  
LBMS

*Eine Kooperation mit  
EMOVE Amsterdam*

Introductory workshops:

LBMS and the bridge to Dance Movement Therapy

*Zoe* tanz  
professionals



# LBMS SERIES: INTRODUCTORY WORKSHOP FOCUSED ON LBMS AND THE BRIDGE TO DANCE THERAPY

Mit Marieke Delannoy & Katharina Conradi  
[www.emoveinstitute.com](http://www.emoveinstitute.com)

This workshop will be an introduction to the Laban Bartenieff Movement System focusing on experiencing and perceiving changes in Body, Effort, Shape, and Space—basic elemental building blocks of our movement. Through the LBMS language, you will learn to speak about movement in movement terms (as opposed to psychological or sociological terms), so you can observe and describe movement objectively. During this workshop we will move and dance, taking time to gain an embodied understanding of the basic components of human movement. We will practice observing each other and will creating a personal context for meaning making, i.e. interpretation.

Understanding between humans can only happen when we claim our own values and ways of moving into action, and appreciate how these are similar to, or different from those of others. These values are being constantly expressed in our movement, such as each of us has a unique Movement Signature. We can value each other for being unique which allows us to contribute to the world effectively. LBMS helps to see ourselves and others more clearly and offers ways to broaden our movement range.

**Ort:** zoEspaces, Elsässerstrasse 34. 4056 Basel

**Daten/Zeiten:** 27. - 29. September 2019: Analyses of components/categories in LBMS, observation and interpretation, interventions through LBMS

**Kosten:** CHF 380.- Stud/AHV:20% Rabatt

**Anmeldung:** [sekretariat@zoe-tanz.ch](mailto:sekretariat@zoe-tanz.ch)

oder via [www.zoe-tanz.ch](http://www.zoe-tanz.ch) ->projects oder -> Kurse

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